
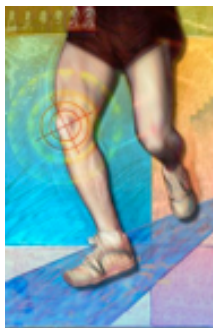



VOCABULARY IMPROVEMENT STRATEGY (VIS)

WORD (1)	MEANING	SENTENCE	PERSONAL CLUE
<i>active</i>	<i>The ability to cause change</i>	<i>The ancient Greek word for active was "energos" which means active.</i>	
<i>exercise</i>	<i>Planned Movement</i>	<i>I like to exercise in the morning when I am full of energy</i>	<p>MY FAVORITE ACTIVITY IS RUNNING. I RUN EVERY DAY AFTER SCHOOL.</p> 
<i>joint</i>	<i>Where two or more bones meet</i>	<i>People may experience pain at the joints in their knees, elbows and shoulders.</i>	 <p>Inflammation of Tendontis/Bursitis</p>

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