

Test Review Ch 16-18

Chapter 16 Psychological Disorders:

1. How psychology defines maladaptive behavior
2. The difference between how the medical model and bio-psycho-social model describe mental illness
3. The difference between neurotic and psychotic disorders.
4. The following disorders and their symptoms:
 - Generalized Anxiety Disorder
 - Panic Disorder
 - Agoraphobia
 - Phobias
 - Obsessive Compulsive Disorder {difference between Obsession and compulsion}
 - Post Traumatic Stress Disorder
 - Dissociative Disorder
 - Dissociative Identity Disorder
 - Schizophrenia {Difference between delusions and hallucinations}
 - Depression
 - Bipolar Disorder
 - Personality Disorder
 - Histrionic Personality
 - Borderline Personality
 - Antisocial Personality
5. The learning and biological perspectives on anxiety disorders
6. The biological and socio-cultural perspective on depression
7. Brain abnormalities, genetics, and psychological factors of schizophrenia

Chapter 17: Therapeutic Perspectives:

1. Eclectic Therapy
2. Psychoanalysis and its aim in therapy
 - Free Association
 - Resistance
 - Transference
3. Humanistic Psychology and its aim in therapy
 - Rogers – Client – Centered Therapy

4. Behavior Psychology and its aim in therapy
 - Counterconditioning
 - Systematic Desensitization
 - Aversive Conditioning
5. Cognitive Therapy and its aim
6. Meta-Analysis
7. Psychopharmacology
8. Antipsychotics and how they work {Examples}
9. Antianxiety medications and how they work {Examples}
10. Antidepressants and how they work {Examples}
11. Lobotomy
12. ECT

Chapter 18 Social Psychology:

1. Definition of social psychology
2. Fritz Heider and his theory
3. Fundamental Attribution Error
4. Attitudes and how they guide actions
5. Foot-in-the-door phenomenon
6. Phillip Zimbardo and his experiment
7. Cognitive Dissonance Theory
8. Solomon Asch and his Theory
9. Normative Social Influence
10. Informational Social Influence
11. Stanley Milgram and his experiment
12. Social Facilitation
13. Social Loafing
14. Deindividuation
15. Group Polarization
16. Group Think
17. Stereotypes
18. Prejudice
19. Ingroup Bias
20. Scapegoat Theory
21. Just-World Phenomenon
22. Frustration-Aggression Principle
23. Social Trap
24. The Mere Exposure Effect

25. First Impressions