

Name _____

Date _____

Volleyball Week 8

STANDARDS

A.2. The student applies concepts and principles of human movement to the development of motor skills and the learning of new skills.

C.2. The student understands that physical activity provides the opportunity for enjoyment, challenge, self-expression, and communication.

A.3. The student analyzes the benefits of regular participation in physical activity.

OBJECTIVES

TSWBAT perform all basic skills of volleyball in a game situation using correct mechanics

TSWBAT apply all rules of Volleyball to a game/match situation

TSWBAT work cooperatively with classmates

GUIDED PRACTICE

Pepper
game play
Review for exam

VOCABULARY

HOMEWORK

Study for Rules and Signals Quiz
All Absent students do a makeup assignment

INSTRUCTION

Mon - Warm up, Stretch, pepper
Serve
Play Round 1 of double elimination tournament
Umpire/Referee games

Tues - Warm up, Stretch, pepper
Serve
Play Round 2 of double elimination tournament
Umpire Referee games

Wed - Warm up, Stretch, pepper
Play Round 3 of double elimination tournament
Umpire/Referee games

Thurs -Warm up, Stretch, pepper
Play Round 4 of double elimination tournament
Umpire/Referee games

Fri. - Warm up, Stretch, pepper
Play Round 5 of double elimination tournament
Umpire/Referee games

ASSESSMENT

Class Participation
Dressing out properly for class
Review for exam